





414-418-7312 or amanda@projectreturnmilwaukee.org In-Person Meeting

Registrant Peer Support Circle: Overcoming Stigma and Shame 1st and 3rd Monday of Every Month at 6pm

4201 N 27th Street, (7th Floor) Milwaukee, WI 53216

Barbershop Mondays Every Monday from 6-8 pm **Call Dante Martin for Address** 414-334-4699

Women's Kitchen Table Conversations 1st and 3rd Tuesday 1 pm to 2:30 pm 2821 N Vel R Phillips Ave (4th Street)

Shechem at Hope Street **Every 2nd Wednesday** 12 - 2 pm

> 2510 W Capitol Drive Milwaukee, 53206.

Moorish Outreach Coalition Peer Support and Leadership Circle **Every Wednesday at 6 pm**

> 4115 N Teutonia Ave Milwaukee, WI 53209

Monthly Project RETURN Circle of Support 2nd Thursday of Every Month Dinner at 5:30 and Circle to Follow

2821 N Vel R Phillips Ave (4th Street) Suite 223, Milwaukee, WI 53212



2821 N Vel R Phillips Ave (4th Street) Suite 108, Milwaukee, WI 53212

> **Inhale and Exhale My Sisters Last Saturday of the Month** Time: 12 - 3 pm

> > 4201 N 27th Street (7th Floor) Milwaukee, WI 53216

Project RETURN Men's Group 2nd and 4th Wednesday of the month 5:30 - 7pm

2821 N Vel R Phillips Ave (4th Street) Suite 108, Milwaukee, WI 53212

Hybrid Group

Project RETURN Alumni Peer Support Circle Every Tuesday at 5 pm

> Meeting ID: 954 7068 0878 Password: 081213 Call-in Option: 1(312)626-6799

Hephatha Lutheran Church Circle of Support 2nd and 4th Wednesday **Every Month from 12pm-2pm**

Meeting ID: 960 1284 6598 Passcode: 628488 Call-in Option: 1(929)205-6099

Virtually over Zoom **Family Circle**

Blessed Savior Circle of Support 4th Monday of Every Month at 6:30 to 8 pm

Passcode: 267228























Circles of Support





Want to build a support network? Do you need resources? Would you like to be empowered to live your best life? COME JOIN US at one of these locations!

You will be heard, understood, supported, strengthened, empowered, and equipped to live the life you deserve.

Circles will generate discussions around:

Leadership in the community, Opportunity for your story to be told, Forgiveness,

Shame, Healing, & Speaking on experiences

It will also connect you with your peers who are also impacted by incarceration and extended supervision. Through the circle process you will feel supported and understood work through topics such as emotions, struggles, deinstitutionalization, mass incarceration, and so much more.

Circle of Support:
This is a group with community
members
and those that have been
affected.

Peer Support and Leadership Circle: This is a circle with only people

This is a circle with only people that have been impacted by incarceration.

Best Practices for Circles:

- 3 or more circles
- Same circle if possible (for building community and connections with people and resources
- Referred to Amanda Smit (to help yield any confusions with zoom or location)

"I was encouraged in a way that I haven't been encouraged since I came to Project RETURN in 2004." - R. Evans

"Circles created a space where I can be myself, grow into a better person, and gain friendships that I will hold dear for the rest of my life." -Anonymous

Please contact Amanda Smit at Project RETURN for more information or to sign up! 414-418-7312 or amanda@projectreturnmilwaukee.org